

GREATEST FOURTH IN THE NORTH



RACE	DISTANCE	START TIME	EARLY ENTRY FEE Mail in before 06-30-2017	ENTRY FEE Day of Race 7-4-2017
2K	1.24 miles	7:30 a.m.	\$5	\$5
5K Walk	3.1 miles	8:00 a.m.	\$25	\$30
5K	3.1 miles	7:50 a.m.	\$25	\$30
10K	6.2 miles	7:45 a.m.	\$25	\$30

COURSE A fast, basically flat course with gentle hills through scenic woodlands and along beautiful Lake Missaukee. Walkers please stay to the right of road to let runner by.

REGISTRATION Registration will take place at the City Park in downtown Lake City from 6:30 a.m. until race time on July 4th. 10K and 5K participants receive t-shirts. Pre-race pickup will be July 3rd at City Park from 6 to 8 p.m. Timing by Everal Race Mgt. using the B-Tag (disposable chip) TAG MUST BE WORN TO BE SCORED. Register at www.lakecitymich.com or www.everalracemgt.com by **July 2 online**.

AWARDS Trophies will be awarded to the overall male/female 5K and 10K and 5K walk finishers. First, second and third place medals to male/female 5K, 10K and 5K walk finishers of all age groups. Shirts will be given to the first 500 participants. Fun Run – no shirts.

RESULTS Full results will be posted following the race at the City Building Garage, and online at www.runmichigan.com, www.everalracemgt.com. Awards will be presented after the race. Awards must be picked up the day of the race at awards presentation.

REFRESHMENTS Refreshments will be provided after the race courtesy of several area merchants

AGE GROUPS Age groups are for both men and women and for all competitive events:

10 and under	20-24	35-39	50-54	65-69
11-15	25-29	40-44	55-59	70 and up
16-19	30-34	45-49	60-64	



*****SEND EARLY REGISTRATION FORMS AND FEES TO LAKE CITY ATHLETIC BOOSTERS,
P.O. BOX 78, LAKE CITY, MI 49651 - \$25.00 BEFORE JUNE 30; \$30.00 DAY OF RACE

Name: _____ Sex: M F Age on race day: _____

Address: _____ City/State/Zip: _____

E-mail address: _____

Race: _____ 10K run _____ 5K run
_____ 2K fun run _____ 5K Walk

Shirt Size: Small Medium Large X-Large

I hereby release the Lake City Athletic Boosters, the Lake City Chamber of Commerce, race coordinators, race personnel and race sponsors of all liabilities due to injury or damage incurred traveling to, during or traveling from this event.

Runner's signature

Parent/Guardian signature (if runner is not yet 18)